



July

Rochelle Community Hospital

Weekend Hours 11-1 pm

Lunch Hours 11:30-1:15 pm

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 st Bourbon Glazed Pork Chop Sandwich Chicken Kabobs	2 nd Mac & Cheese Bar	3 rd Breaded Tilapia Chicken & Spinach Alfredo Lasagna Homemade Soup of the week
	6 th Philly Beef or Chicken Bacon Ranch Cheesesteak Sandwich Homemade Soup of the week	7 th Beef or Chicken Walking Tacos Chicken Flautas	8 th Country Style Meatloaf Action Station Heart Healthy Plate	9 th Italian Stuffed Peppers Cheese Stuffed Shells	10 th Garlic Grilled Salmon Chicken Kiev
	13 th Italian Beef Italian Sausage Mostaccioli Homemade Soup of the week	14 th Beef Brisket Bruschetta Grilled Chicken Focaccia Sandwich Catfish Nuggets	15 th Chicken Mashed Potato Bowl BBQ Pork Chop Sandwich Heart Healthy Plate	16 th Hot Honey Crispy Chicken Grilled Hot Ham & Cheese Action Station Chopped Salad	17 th Avocado Tayada Smothered Chicken
	20 th Country Style Meatloaf Warm Grilled Or Crispy Chicken B.L.T. Wrap	21 st Steak Tacos Chicken Taco Fold overs Smoothie Day	22 nd Chicken or Beef Gyros Action Station	23 rd Double Smash Burgers Crispy Chicken Sandwiches Homemade Soup of the week	24 th Cheesy Chicken Tater Tot Casserole Cabbage Rolls
	27 th General Tso Chicken Veggie Stir Fry	28 th Bacon Wrapped Stuffed Chicken Breasts Country Chicken Fried Steak	29 th Gourmet Cold Sandwich and Soup Day Homemade Soup of the week	30 th BBQ Ribs Rotisserie Baked Bone in Chicken	31 st Grilled Chicken Ramen Bowls Action Station