



March

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Rochelle Community Hospital
 Lunch Hours 11:30-1:15 Weekend MTO 11-1 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2nd Chicken Mashed Potato Bowl Warm Grilled Chicken B.L.T. Wrap	3rd BBQ Ribs Baked Rotisserie Chicken Heart Healthy Plate	4th General Tso Chicken Vegetable Stir Fry	5th Italian Beef Italian Sausage Mostaccioli	6th Grilled Tilapia BBQ Chicken Sandwich Homemade soup of the week
9th Baked Potato Bar Action Station Barahat Beef Hummus Bowl	10th Chicken Fajitas Beef Flautas Homemade soup of the week	11th Country Style Meatloaf Grilled Reubens Action Station	12th Korean Beef Quinoa Bowl Grilled Pork Chop Action Station Chopped Salad	13th Garlic Grilled Salmon Panko Ranch Chicken
16th Grilled Chicken Avocado Sandwich Hawaiian Turkey Burger	17th  Happy St. Patrick's Day Corned Beef & Cabbage Meal	18th Chimichurri Flank Steak Hawaiian Chicken Poke Bowl	19th Hot Honey Chicken Pulled Pork Sandwich Homemade soup of the week	20th Breaded Tilapia Chicken Kabobs
23rd Chicken Gyros Beef Gyros	24th Chicken or Beef Taco Salads or Loaded Nachos Homemade soup of the week	25th Carving Station Prime Rib Roast Turkey Breast	26th Gourmet Cold Sandwich & Soup Day	27th Battered Cod Sandwich Grilled Reubens Heart Healthy Plate
30th Beef Brisket 4 Cheese Gourmet Grilled Cheese	31st Double Smash Burgers Crispy Chicken Sandwich			