



February

Rochelle Community Hospital
Lunch hours 11:30-1:15pm Weekend MTO 11-1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 nd Sloppy Joes Garlic Cheddar Chicken	3 rd Country Style Meatloaf Action Station Homemade soup of the week	4 th Italian Stuffed Peppers Chicken Kiev HEART HEALTHY PLATE	5 th Orange Chicken Vegetable Stir Fry	6 th <i>Pre Superbowl Lunch</i> ..Chili Dogs ..Italian Sausage Sandwiches ..Boneless Wings
9 th Open Face Turkey Sandwich Garlic Broccoli Rigatoni	10 th Beef or Chicken Walking Tacos Homemade soup of the week	11 th Chicken Tonkotsu Ramen Bowl HEART HEALTHY PLATE	12 th Breakfast Buffet ..Including make your own omelet Fruit Bar	13 th Smothered Chicken Pub burger on pretzel bun Fruit Bar
16 th Country Style Meatloaf Homemade soup of the week	17 th Mardi Gras Chicken, Shrimp and Sausage Jambalaya Action Station Chopped Salad	18 th --SOUP BAR-- Monte Cristo Sandwich Grilled Cheese Catfish Nuggets	19 th Create your own Hibachi Bowl Buffet HEART HEALTHY PLATE	20 th Garlic Grilled Salmon Inside out egg roll bowl
23 rd Chicken Avocado Sandwich Beef Brisket	24 th Make your own Burrito BowlSteakChickenBeef HEART HEALTHY PLATE	25 th Gourmet Cold Sandwich and Soup Day	26 th Double Smash Burgers Crispy Chicken Sandwich	27 th Chicken Parmesan Sandwich Stuffed Manicotti Grilled Tilapia Homemade soup of the week

