



October

Rochelle Community Hospital Café 900
Lunch Hour 11:30-1:15 MTO Weekends 11-1:00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 st Pulled Pork Philly Cheesesteak Burger	2 nd Italian Beef Italian Sausage Mostacholli	3 rd Garlic Grilled Salmon Panko Ranch Chicken
6 th Pork Chops Garlic Cheddar Chicken	7 th Mexican Lasagna Walking Tacos	8 th Country Style Meatloaf Action Station Chicken Chopped Salad	9 th Inside out egg roll bowl Beef Brisket	10 th Gourmet Soup and Cold Sandwich Day Heart Healthy Homemade soup of the week
13 th Sloppy Joe Sandwich Herb Baked Chicken	14 th Ribeye Steak Sandwiches Chicken Kiev Heart Healthy Homemade soup of the week	15 th Double Smash Burgers Chicken Tator Tot Casserole	16 th Shepherds Pie Chicken Avocado Chicken Sandwich FRUIT BAR	17 th Crispy Catfish BBQ Ribs FRUIT BAR
20 th Beef Stroganoff Turkey Reuben Panini Heart Healthy Homemade soup of the week	21 st Beef or Chicken Taco Salads Or Soft Tacos	22 nd Chicken Ramen Bowls Heart Healthy Mediterranean Turkey Burger	23 rd Carving Station Turkey Breast & Prime Rib	24 th Country Style Meatloaf Carnitas Burrito
27 th General Tso Chicken Shrimp Stir Fry	28 th Chicken Pot Pie Beefy Mac Heart Healthy Homemade soup of the week	29 th Breaded or Baked Bone in or Boneless Wing Bar Hearth Healthy Plate	30 th Baked Potato Bar Action Station	