

# August

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Rochelle Community Hospital

Lunch Hours 11:30 a.m.-1:15 p.m. Weekend MTO 11 a.m.-1 p.m.

			<b>31<sup>st</sup></b> <b>Southern Fried Chicken</b> <b>Brisket Burritos</b>	<b>1<sup>st</sup></b> <b>Inside Out Egg Roll bowl</b> <b>Parm Crusted Haddock</b>
<b>4<sup>th</sup></b> <b>Chicken &amp; Mashed Potato Bowl</b> <b>Pulled Pork Sandwich</b>	<b>5<sup>th</sup></b> <b>Shrimp or Chicken</b> <b>Laki Bowls</b> <b>Action Station</b>	<b>6<sup>th</sup></b> <b>Country Style Meatloaf</b> <b>Garlic Cheddar Chicken</b>	<b>7<sup>th</sup></b> <b>Italian Beef</b> <b>Italian Sausage</b> <b>Stuffed Shells</b> <b>Smoothie Day</b>	<b>8<sup>th</sup></b> <b>Garlic Grilled Salmon</b> <b>Chicken Kiev</b>
<b>11<sup>th</sup></b> <b>BBQ Brisket</b> <b>Warm Grilled Chicken</b> <b>B.L.T. Wrap</b>	<b>12<sup>th</sup></b> <b>...NEW... Birria Tacos</b> <b>Soft Chicken Tacos</b> <b>Tamales</b>	<b>13<sup>th</sup></b> <b>BBQ Ribs</b> <b>BBQ Baked Chicken</b> <b>Heart Healthy plate</b>	<b>14<sup>th</sup></b> <b>Gourmet Cold Sandwich Day</b>	<b>15<sup>th</sup></b> <b>Philly Cheesesteak Sandwich</b> <b>Catfish Nuggets</b>
<b>18<sup>th</sup></b> <b>Italian Stuffed Peppers</b> <b>Chicken Parmesan</b>	<b>19<sup>th</sup></b> <b>Grilled Chicken Avocado Sandwich</b> <b>Crispy Cod Sandwich</b>	<b>20<sup>th</sup></b> <b>Grilled Pork Chops</b> <b>Crispy Chicken Sandwich</b> <b>Heart Healthy plate</b>	<b>21<sup>st</sup></b> <b>Chicken Tonkatsu Ramen Bowl</b> <b>Action Station</b>	<b>22<sup>nd</sup></b> <b>Country Style Meatloaf</b> <b>4 Cheese Grilled Cheese</b>
<b>25<sup>th</sup></b> <b>General Tso Chicken</b> <b>Sweet &amp; Sour Shrimp Stir Fry</b>	<b>26<sup>th</sup></b> <b>Beef or Chicken</b> <b>Walking Tacos</b>	<b>27<sup>th</sup></b> <b>Baked &amp; Battered ...boneless ...bone-in Wing Bar</b> <b>Heart Healthy plate</b>	<b>28<sup>th</sup></b> <b>Double Smash Burgers</b> <b>Avocado Tlayoda</b>	<b>29<sup>th</sup></b> <b>Brisket Mac &amp; Cheese Bowl</b> <b>Korean BBQ Beef Skewes</b>