



July

Rochelle Community Hospital

Weekend Hours 11-1 pm

Lunch Hours 11:30-1:15 pm

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1st Chicken Flautas Beef Ta Dylansamco Totchos	2nd Cheeseburger Mac & Cheese Bowl Chicken Alfredo Noodle Bowl Heart Healthy Plate	3rd Italian Beef Italian Sausage Stuffed Shells Action Station	4th  Happy 4 th of July Made To Order Menu
	7th Sausage, Pepper & Onion Tortellini Cabbage Rolls	8th Grilled Reubens Butterfly Pork Chop Sandwich Veggie Gochujang Bowl	9th Country Meatloaf Tukey Ciabatta Crunch Sandwich Smoothie Day	10th Cold Sandwich Bar	11th Garlic Grilled Salmon Chicken Kiev
	14th Chicken or Beef Gyros	15th Beef or Chicken Taco Salads Mexican Lasagna	16th Roasted Veggie Alfredo Brisket Mac & Cheese Bowl Heart Healthy Plate	17th Open Face Turkey or Beef Sandwich	18th Baked Potato Bar Action Station
	21st Country Meatloaf Broccoli Mac & Cheese	22nd Sloppy Joes Pretzel Crusted Chicken Smoothie Day	23rd Chimichurri Flank Steak Chicken Kabobs	24th Double Smash Burgers Grilled Cheese & Ham Panini	25th Cheesy Chicken Tator Tot Casserole Beef Pot Pie
	28th General Tso Chicken Veggie Stir Fry	29th Beef or Chicken Walking Tacos Loaded Nachos	30th Pork Chops Grilled Chicken Avocado Sandwich Heart Healthy Plate		